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A cross-sectional study to assess the effectiveness of Large Language Model -based GPTs in enhancing the cognitive performance of medical students based on prior knowledge of the subject

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INTRODUCTION

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Artificial Intelligence (AI) is the ability of digital computers or computer-controlled robots to carry out tasks commonly linked to human intelligence. This field involves the science and engineering of creating systems that can perform functions requiring humanlike cognitive skills, such as learning, reasoning, and decision-making. This protocol aims to outline the



effectiveness of AI in helping the MBBS students with and without prior knowledge in pharmacology.

AIM

To study the effectiveness of LLM-based GPTs in enhancing the cognitive performance of medical students based on prior knowledge of the subject.

OBJECTIVES

To compare the performance of MBBS students on pharmacology multiple-choice questions using **ChatGPT**, search engines, and e-books.



									Learned	
	А.	Self	B. E-	bool	c C. Go	ogle	D. Ch GPT	at		
Naive	6	6.04		86	10.64		13.4			
Learnee	d 10	10.96		.34	11.98		15.3			
Column1										
AI		Inter a	group comparison between Learned and Naïve using ANCOVA							
Group	Mean	(SD) I	N	Ad Me	justed Pa ean		rtial η ²		p-value	
Naive	13.24	(3.31) 5	50	13.	3.18		0.328		<0.001	
Learned	rned 15.42 (1.89)		50	15.	5.48					
Google										
Group	Mea	Mean (SD)		Adjusted		Partial η ²		p	p-value	
				Mean						
Naive	10.8	10.82 (2.13)		10.76		0.241		<	<0.001	
Learned	12.1	12.14 (2.01)		12.20						
E-Book										
Group	Mea	n (SD)	Ν		Adjuste Mean	ed	Partial η	2	p-value	
Naive	5.82	(2.77)	50		5.78		0.195		<0.001	
Learned	10.2	2 (3.12)	50		10.26					
									0	

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conclusion

These results suggest that both groups of students benefit more from using ChatGPT when compared to other available options. This highlights the importance of these tools in enhancing the cognitive performance of medical students. However, relying on AI shows the importance of balancing technology with traditional learning methods to build essential thinking and practical skills for medical r

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